

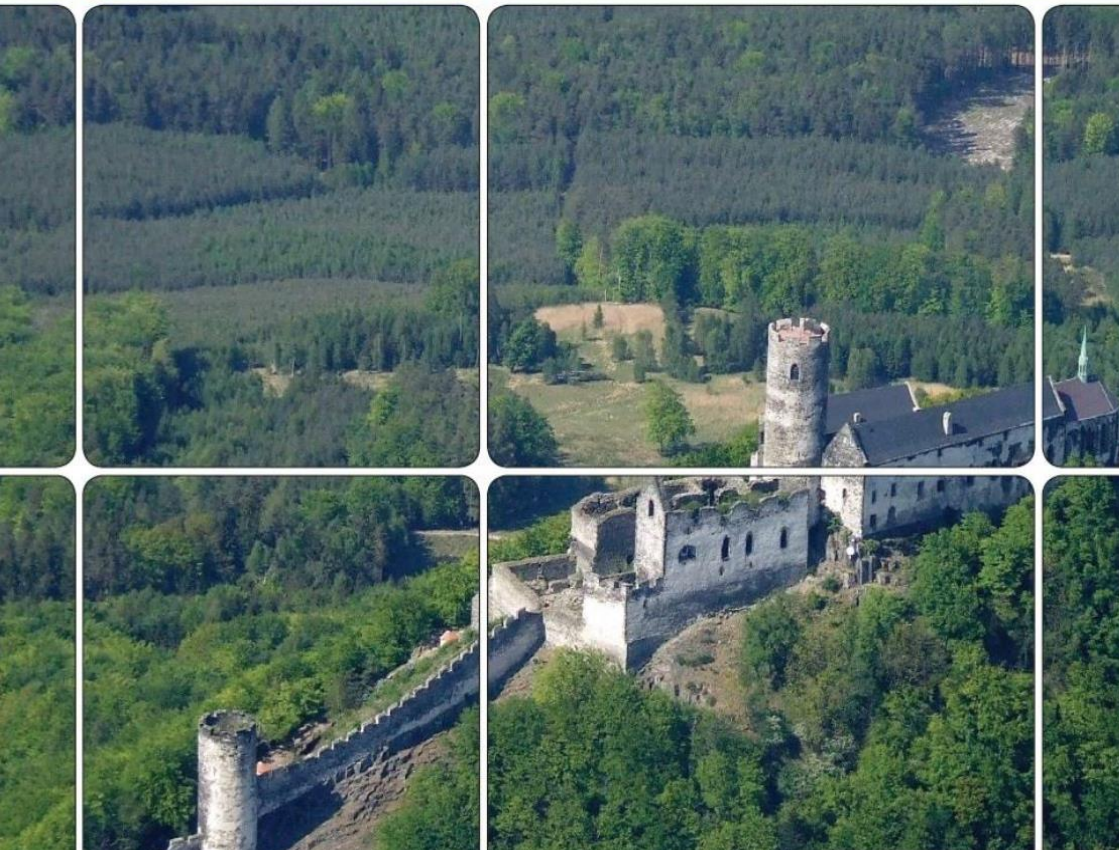


the home of neurology

**ean**

EAN SPRING SCHOOL

MAY 10 – 13, 2018





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# MOTTO

2018

## Carmen cantatum neurologicum

Neu - ro - lo - o - gi - a  
 a - mi - ca me - a !  
 Ser - vus tu - us te a -  
 ma - bo ho - nes - ta - a de  
 - a.

2. Neurologia  
 vis fanatica  
 hostes omnes superabit  
 eius logica.

3. Neurologia  
 sors mea dura  
 ut florendae scientiae  
 mihi sit cura !

4. Neurologia  
 ars mea pia  
 Numquam enim finietur  
 eius gloria !

5. Neurologia  
 est infinita.  
 Fides firma semper lucet  
 in nostra vita !

Lyrics: prof. Dr. Jan Stýblo, CSc.

**DEAR COLLEAGUES AND FRIENDS,**

I have a great pleasure to welcome you, on behalf of the Teaching Course Sub-Committee of the European Academy of Neurology, at our Spring School in Stare Splavy, Czech Republic.

Having very long tradition in the former European Federation of Neurological Societies and now within the European Academy of Neurology, we are proudly organizing this year Spring School for the nineteenth time.

This year we have selected very attractive topics on Inflammatory myopathies, movement disorders and neuroophthalmology/neurootology that will be presented by the distinguished international faculty.

Participants will have also possibility to get the latest information about the burden of the neurological diseases, educational possibilities for young neurologists and European Board examination in Neurology.

Over 100 participants from more than 30 countries will have possibilities not only to gain new knowledge in neurology but to make new friendships, plan further collaborations and also enjoy the beautiful surroundings and nature in Stare Splavy near the Machovo lake.

I wish you succesful and fruitful work and very pleasant stay!

Milija D. Mijajlovic

EAN Spring School Chairman



## EAN SPRING SCHOOL

2018

**Dear colleagues, neurologists!**

It has become already a tradition that we can welcome you each mid May at the Spring School. It will amount this year to its 19<sup>th</sup> run.

Allow us to submit a short review of the hitherto 18 courses of the Spring School. The first run, then under the name of „First European Cooperation Neurology Workshop“, took place in 2000 in Třešť, close to Jihlava. The same castle hosted also the second course. In order to achieve better travel connections, closer to Prague, and also to gain higher capacity of a hotel we have placed this event into the hotel Bezděz in Staré Splavy, on Macha's lake. It was in 2002.

What has happened and was achieved within the last 18 courses? We have the pleasure to have welcomed 1823 participants from 58 countries of Europe, Asia and in the last years also from Africa. The highest number of attendees came in 2014, namely 125, the lowest number in 2002 – 55. The highest attendance was from the following countries: Russia – 198, Romania – 191, Ukraine – 144, Poland – 126, Moldova – 99.

During the last 18 years 185 faculty speakers from 23 countries had their educational presentations on 37 particular topics.

The frame of the Spring School did not harbour only scientific / educational contents, but starting from the first course, the programme was always refreshed also by cultural entrances – concerts or visits of several castles.

Dear colleagues, we are happy to welcome you also this year in the Czech Republic, a small country in the heart of Europe.

We wish you a most beneficial course and a lot of pleasure in your mutual discussions.

Magda Dohnalová, Zdeněk Dohnal, Pavel Kalvach

## ABOUT THE EAN

The European Academy of Neurology (EAN) was founded during the first Joint Meeting of the ENS (European Neurological Society) and EFNS (European Federation of Neurological Societies) in Istanbul in June 2014, on Tuesday, June 3, 2014.

### WELCOME TO THE HOME OF NEUROLOGY

EAN provides a go-to resource for everyone working in the fields of neurology and neuroscience. The EAN brings together [national societies](#), [institutions](#), [clinicians and researchers](#) and offer a forum for [research](#), [learning](#), [networking](#) and best practice for our patients.

Its mission is to increase and share neurological excellence in Europe and worldwide. We wish to promote quality and work with the best clinicians, educators, and scientists.

We organise an annual congress to bring members together to share the most exciting latest developments and provide a platform for learning.

We also run other conferences and courses, publish the European Journal of Neurology, produce a newsletter, promote e-learning, give grants and provide guidelines.

The European Academy of Neurology is a [Society of National Neurological Societies and at the same time a Society of individual members](#).

### MEMBERS

The EAN currently has 23,000 members, consisting of

- **Full Individual Members** - nationals of/neurologists practicing in any EAN member country
- **Fellows of the EAN** - title for EAN members who deserve a special recognition for a scientific achievement.
- **Resident and Research Fellows** - physicians in training
- **Corresponding Individual Members** - nationals of/neurologists practicing in a country other than an EAN member country
- **Retired Individual Members** - neurologists who are retired from their professional work and would like to keep in touch
- **Undergraduate Individual Members** - undergraduate medical students

# ABOUT THE EAN

2018

## AND

- **Associate Individual Members**

All members of the [European national neurological societies](#) that are a member of EAN are **automatically** an Associate Individual Member of EAN.

## ORGANIZATION

Each National Society is represented by one [delegate to the Assembly of Delegates](#). It has also one representative in particular EAN [Scientific Panels](#).

### Assembly of Delegates

It is the democratic heart of the EAN, consisting of Individual Delegates and National Delegates representing the 47 member nations of the EAN.

### Board

The Assembly of Delegates is delegating the day-to-day management to the EAN Board, empowered to decide on all matters of the Organisation that are not explicitly assigned to another body. Major decisions made by the EAN Board must be ratified by the Assembly of Delegates.

#### EAN Board

PRESIDENT	Günther Deuschl, GERMANY
PRESIDENT ELECT	Franz Fazekas, AUSTRIA
SECRETARY GENERAL	Didier Leys, FRANCE
TREASURER	Marianne de Visser, THE NETHERLANDS
CHAIR SCIENTIFIC COMMITTEE	Antonio Federico, ITALY
CHAIR COMMUNICATION COMMITTEE	David B. Vodusek, SLOVENIA
MEMEBER AT LARGE	Per Soelberg Sørensen, DENMARK
CHAIR EDUCATION COMMITTEE	Hannah R. Cock, UK
CHAIR PROGRAMME COMMITTEE	Paul A.J.M. Boon, BELGIUM

### Committees

Four Committees and 3 sub-committees covering all aspects of our scientific organization. The committees cover the following areas: Programme, education, liaison, scientific and as subcommittees European affairs, quality assurance and teaching courses.



**SUBSPECIALTY AREAS****Scientific Panels**

31 scientific panels represent all areas of neurology. Each panel consists of one member of each European National Neurological Society and individual panel members. They are lead by a management group.

**NEUROLOGISTS IN TRAINING****Resident and Research Fellow Section**

The main objectives are: to represent, inform, and help neurology trainees at an international level, including those who wish to spend time in other countries for clinical training or research; to improve the training of neurologists by learning from previous experiences from different countries; to connect young neurologists for clinical exchange and support; to build a platform for communication among junior neurologists.

**ADMINISTRATION**

The head office is located in Vienna. Most of the administration staff work from there, but as a European organization we have members of staff also located in other countries.

**Contact**

EAN Head Office  
Breite Gasse 4/7  
1070 Vienna, Austria  
PHONE: +43 1 889 05 03  
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## ABOUT THE EAN

2018

EXECUTIVE DIRECTOR  
ASSOCIATION MANAGER  
ADMINISTRATIVE OFFICER

LIAISON OFFICER  
INDUSTRY LIAISON  
CONGRESS MANAGER

Anja Sander  
Julia Mayer  
Lucia Černická  
Magda Dohnalová  
Malin Inzinger  
Magdalena Matczak  
Eveline Sipido  
Elisabeth Starkl  
Florian Wild

Administration of the EAN Spring School and EAN Clinical Fellowship Programme:

Ing. Magda Dohnalová

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**EAN SPRING SCHOOL****LOCAL ARRANGEMENTS COMMITTEE**

CHAIRPERSON EAN TEACHING COURSE SUB-COMMITTEE:

Prof. Claudia Sommer, MD, GERMANY

COURSE DIRECTOR

Ing. Magda Dohmalová

CHAIRMAN

Ass.Prof. Milija Mijajlovic, MD

Prof. Pavel Kalvach, MD, PhD

Jiří Keller, MD, PhD - e-mail: [jirka+2018@splavy.org](mailto:jirka+2018@splavy.org)

Ing. Zdeněk Dohnal

Bc. Lucie Košinová

Ing. Matěj Zlonický

Miroslav Dohnal

Bc. Jiří Dohnal



The Mácha's Lake

## GENERAL INFORMATION

2018

### GENERAL INFORMATION

#### LOCATION



#### **Hotel Bezděz**

Lázeňský Vrch 216  
 471 63 Staré Splavy, Czech Republic  
 PHONE: +420 487 872 551  
 FAX: +420 487 873 246  
 E-MAIL: [hotel.bezdez@tiscali.cz](mailto:hotel.bezdez@tiscali.cz)  
 WEB: [hotelbezdez-machovojezro.cz](http://hotelbezdez-machovojezro.cz)

The hotel lies about 90 km from Prague at an elevation of 270 m above sea. It is situated on the shore of the Macha's Lake, which is surrounded by pine forest and a gorgeous scenery of Bohemian Paradise. The Macha's Lake area is a much-loved recreational locality with an excellent climate, influenced by numerous fishponds and extensive forests.

Accommodation is provided in double rooms with shower, WC, TV-sat and balcony. There is a sandy beach near the hotel, minigolf, tennis courts, a sport hall, rental services for bikes, surfs and boats. The surroundings have good conditions for touristic activities. In the hotel there is a restaurant, daily bar, summer terrace, mini-gym and billiards. To the hotel belongs also the annex „Kouba“, about 50 meters far, which offers accommodation in single till 4 bedded rooms. Prices don't include: sauna, swimming pool, massages, water massages, whirlpool, table tennis, minigolf, tennis, rental services, entrance to the beach. Parking right at the hotel is charged. Dogs are not allowed.

#### PAYMENTS

You may use the following credit cards for all payments within the hotel Bezděz in Staré Splavy

- VISA
- Maestro Card
- Visa – Elektron Card
- Eurocard- Mastercard

For Czech cash an ATM of the Czech Savings Bank in Doksy village can be used.

### HOTEL SERVICES

- Reception desk
- Exchange – office, safes
- Restaurant, day bar with terrace,
- Congress hall for 150 people
- WiFi connection installed in the conference hall and bar



The hotel's congress hall

### BOARD

Every day you get free of charge

- breakfast – self service, continental breakfast
- lunch (consisting of soup, main course, fruit, desert, mineral water) - self service
- dinner (consisting of main course, fruit, mineral water) - self service

All other meals and beverages during your stay go on your own expenses and you will be charged by the staff of the hotel.

### SMOKING

Smoking is not allowed in any of the conference rooms. You can have a cigarette during coffee breaks in a room especially reserved for this purpose

## GENERAL INFORMATION

2018

### TRAINS AND BUSES

The bus station is about 850 m and the train station is about 700 m from the hotel. Parking place is at the hotel Bezděz.

### LIABILITY AND INSURANCE

The organizer will not assume any responsibility whatsoever for damage or injury to persons or property during the course. Participants are recommended to arrange for their personal travel and health insurance.



View of the Hotel Bezděz



## LIST OF LECTURERS

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 http://www.klinikum.uni-muenchen.de/Friedrich-Baur-Institut/de

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## LIST OF LECTURERS

2018

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**Ass. Professor Dr. Milija Mijajlovic, MD, PhD**

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EAN Teaching Course Committee member

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**Giovanni Di Liberto, MD**

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## SCIENTIFIC PROGRAMME

2018

### THURSDAY, MAY 10, 2018 IDIOPATHIC INFLAMMATORY MYOPATHIES

#### MORNING

**Marianne de Visser**, THE NETHERLANDS

Idiopathic inflammatory myopathies excluding inclusion body myositis

**Benedikt Schoser**, GERMANY

Inclusion body myositis

**Jiří Vencovský**, CZECH REPUBLIC

Extramuscular manifestations of idiopathic inflammatory myopathies

#### AFTERNOON

**Marianne de Visser**, THE NETHERLANDS

Clinical case discussions

**Benedikt Schoser**, GERMANY

Management of idiopathic inflammatory myopathies excluding inclusion body myositis

**Jiří Vencovský**, CZECH REPUBLIC

Significance of antibody testing in idiopathic inflammatory myopathies

## FRIDAY, MAY 11, 2018

### MOVEMENT DISORDERS

#### MORNING

**Evžen Růžička**, CZECH REPUBLIC

Functional movement disorders - diagnosis and management

**Matej Škorvánek**, SLOVAKIA

Diagnostic and therapeutic approach to dystonia

**Lucia Muntean**, GERMANY

Sleep disorders in patients with Parkinson's disease

#### AFTERNOON

**Evžen Růžička**, CZECH REPUBLIC

Gait disorders in clinical practice

**Matej Škorvánek**, SLOVAKIA

How to examine a patient with parkinsonism – tips and tricks

**Lucia Muntean**, GERMANY

How to evaluate patients with sleep disorders in a neurological setting

## SCIENTIFIC PROGRAMME

2018

### SATURDAY, MAY 12, 2018 NEUROOPHTHALMOLOGY / NEUROOTOLOGY

#### MORNING

**Michael Strupp**, GERMANY

Update on vestibular disorders

Andreas Zwergal, GERMANY

Ocular motor and vestibular bedside testing

**Konrad P. Weber**, SWITZERLAND

Ocular motor and vestibular laboratory testing

#### AFTERNOON

**Michael Strupp**, GERMANY

Vestibular migraine

Andreas Zwergal, GERMANY

Benign paroxysmal positional vertigo

**Konrad P. Weber**, SWITZERLAND

Acute vestibular syndrome: stroke vs. neuritis

## SUNDAY, MAY 13, 2018

### NEUROLOGY IN THE WORLD

#### MORNING

**Milija Mijajlovic**, EAN TEACHING COURSE SUB COMMITTEE

European Board Examination in Neurology

**Giovanni Di Liberto**, RESIDENTS & RESEARCH FELLOWS SECTION REPRESENTATIVE

Postgraduate education in neurology, opportunities and organizations for neurologists in training

**Alena Šteflová**, MINISTRY OF HEALTH, PRAGUE, CZECH REPUBLIC

WHO priorities in brain and nerve diseases

**Helena Rösslerová**, LUNDBECK, CZECH REPUBLIC

Lundbeck Institute - educational systems in neurosciences

## SCIENTIFIC PROGRAMME

2018

WEDNESDAY, MAY 9, 2018 ARRIVAL

THURSDAY, MAY 10, 2018	FRIDAY, MAY 11, 2018	SATURDAY, MAY 12, 2018	SUNDAY, MAY 13, 2018
07:00 – 07:30 Registration			
08:00 – 08:30 Opening Ceremony			
08:30 – 09:20 Lecture Marianne De Visser THE NETHERLANDS	08:30 – 09:20 Lecture Evžen Růžička CZECH REP.	08:30 – 09:20 Lecture Michael Strupp GERMANY	08:30 – 09:00 Lecture Milija Mijajlović SERBIA
09:20 – 10:10 Lecture Benedikt Schoser GERMANY	09:20 – 10:10 Lecture Matej Škorvánek SLOVAKIA	09:20 – 10:10 Lecture Andreas Zwergal GERMANY	09:00 – 09:25 Lecture Alena Šteflová CZECH REP.
10:10 – 10:40 Break	10:10 – 10:40 Break	10:10 – 10:40 Break	09:25 – 10:00 Lecture H. Rösslerová CZECH REP.
10:40 – 11:30 Lecture Jiří Vencovský CZECH REP.	10:40 – 11:30 Lecture Lucia Muntean GERMANY	10:40 – 11:30 Lecture Konrad Weber SWITZERLAND	10:00 – 10:30 Break
11:30 – 12:30 Lunch	11:30 – 12:30 Lunch	11:30 – 12:30 Lunch	10:30 – 11:00 Lecture G. Di Liberto SWITZERLAND
12:50 – 13:40 LH De Visser R1 Schoser R2 Vencovský	13:30 – 14:20 LH Růžička R1 Škorvánek R2 Muntean	13:30 – 14:20 LH Strupp R1 Zwergal R2 Weber	11:00 – 11:30 Closing Ceremony
13:50 – 14:40 LH De Visser R1 Schoser R2 Vencovský	14:30 – 15:20 LH Růžička R1 Škorvánek R2 Muntean	14:30 – 15:20 LH Strupp R1 Zwergal R2 Weber	11:30 – 12:30 Lunch
14:40 – 15:00 Break	15:20 – 15:40 Break	15:20 – 15:40 Break	13:30 – 22:30 Excursion to Prague
15:00 – 15:50 LH De Visser R1 Schoser R2 Vencovský	15:40 – 16:30 LH Růžička R1 Škorvánek R2 Muntean	15:40 – 16:30 LH Strupp R1 Zwergal R2 Weber	
16:30 – 18:30 Dinner free evening	17:00 – 22:30 Castle Mělník	17:00 – 18,30 Dinner free evening	LH = Lecture Hall R1 = Room 1 R2 = Room 2

MONDAY, MAY 14, 2018 DEPARTURE – 5:45

**GROUP 1**  
.....

Albania, Algeria, Armenia, Austria, Belgium, Bosnia and Herzegovina, Croatia, Denmark, Egypt, Estonia, Finland, France, Moldova

**GROUP 2**  
.....

Germany, Greece, Iceland, Ireland, Italy, Kyrgyzstan, Latvia, Lebanon, Lithuania, Macedonia, Russia

**GROUP 3**  
.....

Georgia, Hungary, Montenegro, Morocco, Norway, Poland, Portugal, Romania, Serbia, Turkey, Ukraine, Uzbekistan

# CULTURAL PROGRAMME

2018

## CULTURAL PROGRAMME

### Thursday, May 10, 2018

Free evening

Optional trip – Bezděz Castle \*)

### Friday, May 11, 2018

17,00 Visit to the

**Castle Mělník**

Castle, dinner



### Saturday, May 12, 2018

Free evening

Optional trip – Bezděz Castle \*)

### Sunday, May 13, 2018

**11,00** Spring School **closing ceremony** and assignement of certificates to the participants

### **13,30** Excursion to Prague

free programme - sightseeing of the Prague Castle with St. Vitus' Cathedral, St. Nicholas' Church, Charles Bridge, National Theatre, Old Town Hall and the Astronomical Clock

\*) Optional trip to the Bezděz Castle – on Thursday or on Saturday late afternoon after the educational programme. Please note that it depends on the current weather. Approx. price 180,- CZK (train ticket, entrance fee)  
Walking shoes, ev. umbrella are recommended. The walking tour from the train station to the castle and back makes about 7 km.



# INVITATION TO THE CZECH REPUBLIC

2018

## INVITATION TO THE CZECH REPUBLIC



Legend has it that Čech, the forefather of the Czech nation, ascended the mountain called Říp accompanied by his kindred. Since that time the country has born Čech's name.

The Czech Republic does not have access to the sea. The main watershed divides the catchment areas of the North, the Baltic and the Black seas. The closest seas are the Baltic and the Mediterranean – both of which are very popular destinations for Czech travelers. The main rivers running through the Czech Republic are the Elbe (Labe – 370 km), Vltava (433 km) in Bohemia, the Morava in Moravia (246 km), the Dyje (306 km), the Oder (Odra – 135 km) and the Opava rivers (131 km) in Silesia.

From a geographical point of view, the Czech Republic lies on the boundary line of two mountain ranges. The hilly western and middle part of Bohemia is formed by the Czech highlands and the slightly higher mountain ranges of Šumava, Český les, Krušné hory, Krkonoše, Orlické hory and Jeseníky. The west Carpathian Mountains (Beskydy) lie in the eastern part of the country.

Area size – with a total area of almost 79000 square kilometers, the Czech Republic is a midsize European country. Its size is comparable to Austria or Ireland and would fit inside France seven times.

The Czech Republic makes up 2% of the European Union. The country comprises three historical lands – Bohemia, Moravia and Silesia. Bohemia is the largest, the area of Moravia is half the size of Bohemia, and the smallest land, Silesia, has an area of approximately 4500 square kilometres.

Administratively, the Czech Republic is divided into 14 regions, one of those being the capital city of Prague. The largest region – Central Bohemia – surrounds Prague from all sides.

The list of the largest cities of the Czech Republic opens with the capital city of Prague, followed by Plzeň, Brno, Liberec and Ostrava.

## ABOUT THE VENUE

2018

### ABOUT THE VENUE

**Doksy and Staré Splavy** – are popular holiday resorts in the region around Macha's Lake. The first written reference to this place originates from 1293. The name of Doksy may well originate from the anglosaxon name dox = dark, according to the dark muddy place around the local stream.

The dominant points of the town are the newly reconstructed square, with the Marian sculptural group from 17th century and the St. Bartholomew's Church from the year 1638.

The furnishings of the church are Early Baroque, with Rococo accessories. The portal's main altar, from the years 1670 – 80, holds a statuette of Our Lady of Montserrat (also known as the Black Madonna) from about 1635, which was taken over to the church from the chapel of the castle of Bezdez. It is one of the only three existing copies.

The oldest house in the town is the so-called Hospitalek (Little Hospital), originally a poorhouse and an orphanage; the countess Mary Francis, born in Vrtba, the second wife of Christopher Ferdinand from Heissenstein, had it built in 1669. Today it is a Museum of Karel Hynek Macha.

The town of Stare Splavy, situated on the northern shore of the lake, became part of Doksy in 1850 and has ever since contribute to the development of tourism in the region.



The Doksy castle



Staré Splavy

The dominant feature of the region is one of the most important early gothic castles in Bohemia - **Bezděz**. This royal castle was built on a hilltop (638 m a.s.l.) between 1260-1279 by a Czech king Přemysl Otakar II. The king Václav II. with his mother Kunhuta were held here as prisoners. During the 30years war (1618-1648) the castle was burned down by Swedish soldiers. Later it has been turned into a Benedictine monastery. After the Benedictines have left around the year 1785, the castle became deserted. It became a romantic ruin, which is described in many works by the most important Czech romantic poet – Karel Hynek Mácha.



The Bezděz Castle

## ABOUT THE VENUE

2018

**Karel Hynek Mácha** (1810-1836) is the founder of modern Czech poetry. The castle Bezděz with the Velký rybník (big pond) became an inspiration for his best known poem "**Máj**". This beautiful poem features a tragedy of 3 people. Jarmila and Vilém are lovers. Jarmila was seduced by Vilém's father. Vilém kills Jarmila's seducer without knowing it is his own father. For this murder he is put in prison and executed. Jarmila commits suicide by jumping into the lake.

*Byl pozdní večer – první máj –  
večerní máj – byl lásky čas.  
Hrdliččin zval ku lásce hlas,  
kde borový zaváněl háj.  
O lásce šeptal tichý mech;  
květoucí strom lhal lásky žel,  
svou lásku slavík růži pěl,  
růžinu jevil vonný vzdech.  
Jezero hladké v křovích stinných  
zvučelo temně tajný bol,  
břeh je objímal kol a kol;  
a slunce jasná světla jiných  
bloudila blankytnými pásky,  
planoucí tam co slzy lásky.*

*Late evening, on the first of May—  
The twilight May—the time of love.  
Meltingly called the turtle-dove,  
Where rich and sweet pinewoods lay.  
Whispered of love the mosses frail,  
The flowering tree as sweetly lied,  
The rose's fragrant sigh replied  
To love-songs of the nightingale.  
In shadowy woods the burnished lake  
Darkly complained a secret pain,  
By circling shores embraced again;  
And heaven's clear sun leaned down to take  
A road astray in azure deeps,  
Like burning tears the lover weeps.*

Bezděz became a theme for many other works, for example for Smetana's opera **Tajemství** (Secret), which is based on a libretto by Eliška Krásnohorská describing the story of treasure on Bezděz.



### HISTORY OF THE MĚLNÍK CASTLE

Above the confluence of the Elbe and Vltava rivers there was a Slavonic fortified settlement. As early as in the 9th century it was replaced, by an early medieval castle. The settlement under the castle was elevated to the status of a town by Přemysl Otakar II in 1274. Not long after that Mělník was distinguished to be the dowry town of the Czech queens. Although the castle was expanded at least twice in the 15th century, Zdislav Berka of Dubá proceeded to reconstruct it fundamentally in 1553. The Lobkowicz followed with the next building at the close of the 16th century, the Černín's a century later, and in the second half of the 18th century the manor's interior was refashioned again by the Lobkowicz to whom the building belongs until present.

In the interiors of the manor accessible to public it is possible to behold arts collections of the Mělník branch of the Lobkowicz, including a picture gallery of high quality. The present owner Jiří Lobkowicz keeps renovating the Castle since 1992.

#### Cellar vaults from the 14th century

Under the Castle you find a cellar of 1500 m<sup>2</sup> on three floors with an exhibition of old machines used for the vinification process. Vine cultivation in Bohemia began with the arrival of Christianity in the 10th century, when Princess Ludmila planted the first vineyard in Mělník. In the Middle Ages vine growing and wine making were considered very important activities by the local burghers.

The constant wars in the Czech lands meant hard times, which was also reflected in vine cultivation and in the trade of wine. A significant decline was experienced during the Thirty Years' War in the 17th century.

The Mělník Castle





# MĚLNÍK CASTLE

2018

Also industrialisation in the 19th century brought about socio-economic changes leading to a decreased significance for this sector of trade. The Mělník branch of the Lobkowitz family began winemaking in 1753.

Apart from the loss of ownership of the estates, the advent of the socialist regime disrupted the continuity in local winemaking, with the worst of

the technological stagnation occurring during the seventies. Following the restitution of Château Mělník and its winery to its rightful owners in 1992, rapid modernisation of the winery was begun along with a vineyard replanting programme aimed at restoring the good name to the wines of Mělník that they undoubtedly deserve.



**Geographical location** - The vineyards of Mělník lie approximately 35 km north of Prague at an altitude of 200 metres above sea level. Mělník forms part of the Czech wine region, one of the northern-most viticultural areas of Europe. The vineyards of Bohemia do not form a contiguous wine region but consist of several vine growing districts situated on the south-facing slopes of the valleys of the rivers Elbe, Vltava, Berounka and Ohře, each with its particular microclimates. The vine growing district of Mělník has 160 hectares under vine making it the largest vineyard area in Bohemia.

**Grape varieties grown** - Originally Mělník had a large number of old Middle-European grape varieties. Apart from the traditional Burgundian varieties cultivated here, the Riesling, Saint Laurent and Blauer Portugieser vines were introduced in the 19th century. The district of Mělník is a typical site for the cultivation of black grape varieties. 60% of the wine produced by the Lobkowitz Château Winery is red and 40% white.

**Black grape varieties:** Pinot Noir, Saint Laurent, Zweigeltrebe and Blauer Portugieser.

**White grape varieties:** Pinot Blanc, Pinot Gris, Riesling, Traminer, Chardonnay Moravian Muscat and Müller-Thurgau.

The oldest vines were planted 40 years ago, however the vineyards are constantly being replanted.

## PRAGUE

Since pre-historic times, Prague has been an important trade center. Its location at the Vltava river in the center of Europe proved ideal. It became political center of Bohemia, and in the 10th century, it also became a religious center. In the 14th century, Prague had become the most important city of central Europe. After emperor Charles IV had all the city gate's roofs covered with lead, Prague was dubbed the „Golden City“. It would remain one the most influential cities in Europe until the 20th century.

Today „the City of Hundred Spire´s“ is a magnet for tourists, with numerous magnificent towers and churches.

**Prague Castle** – has grown into unique architectural complex. It contains the gothic St. Vitus Cathedral, a monastery, several towers and many wings of palaces.

The first Prague castle was built in the 9th century. In the 12th and 13th century the castle was fortified and expanded. Around the castle, a small community started to grow. Its neighborhood, now called Lesser Town, obtained city rights in 1857. In the 14th century, under the reign of King Charles the whole castle was renovated.

**The Czech coronation jewels** – a set of exceptional historical and artistic value that were used for coronations of the Czech kings.

The set consists of the St. Wenceslas Crown with a case and cushion, the royal sceptre with a case, the royal orb with a case and the coronation vestment.

The uniqueness of the Czech coronation jewels is stressed by Emperor Charles IV'. The jewels are kept in the Crown Chamber of the St.

Vitus' Cathedral. The keys are in possession of – the president, the prime minister, the Prague archbishop, the president of the Senate, the chairman of the Chamber of Deputies, the dean of the Metropolitan Chapter and the mayor of Prague.



# NOTES

2018



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